



Breakfast

Eggs Benedict 12.50 Ham, poached eggs, hollandaise, potato rösti 918 kcal	The German Gymnasium 16.50 Scrambled eggs, Nürnberger sausages, Black Forest ham, tomato, mushroom, potato rösti, toast 908 kcal	Berlin 17.50 Two fried eggs, emmentaler cheese, cooked ham, fresh fruit, strawberry jam, toast, butter 883 kcal
Eggs Royale 16.50 Smoked salmon, poached eggs, hollandaise, potato rösti 982 kcal	Hamburg 16.50 Smoked salmon, scrambled eggs, chives 348 kcal	München 13.50 Two poached Weißwurst pork & veal sausage with parsley, sweet mustard, Brezel 719 kcal
Eggs Florentine 12.50 Spinach, poached eggs, hollandaise, potato rösti 679 kcal	Heidelberg (VG) 16.50 Avocado, spinach, quinoa, feta, tomato, dark rye, hot sauce 592 kcal	Mannheim 15.00 German grilled meatloaf, fried egg, toasted rye bread 603 kcal

CEREAL & FRUITS

Bircher Müsli (V) 6.00 Oats, semi skimmed milk, hazelnuts, orange, honey 589 kcal	Waffles (V) 7.00 With Banana, chocolate sauce 543 kcal
Fresh fruit salat (VG) 6.00 Blueberry, melon, grapes, pineapple, passion fruit 31 kcal	Quarkkeulchen (V) 5.50 German cream cheese cinnamon donuts, blueberry compote 244 kcal
Chia pudding (VG) 4.50 Coconut milk, strawberry, almond crunch 247 kcal	Porridge (V) 5.00 Oats, semi skimmed milk, blueberries, banana, honey Vegan option available 526 kcal

SMOOTHIES & JUICES

The Antioxidant 6.50 Spinach, kiwi, grapes, apple juice 112 kcal	Fruity Pebbles 6.50 Avocado, orange, strawberries, blueberries, oat milk 148 kcal
Early Sunshine 6.50 Passion fruit, grapefruit, raspberries, pineapple juice 86 kcal	The Betakerotene 6.50 Fresh orange juice, ginger, fresh carrot juice, mango pureé 121 kcal
Fresh juices 4.25 Carrot 56 kcal Orange 123 kcal Apple 144kcal Pineapple 150 kcal Cranberry 189kcal Grapefruit 114 kcal	

VIENNOISERIE (V)

Muffins

Blueberry 3.00 408 kcal	Chocolate 4.00 406 kcal	Banana (VG) 3.00 532 kcal
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Butter Croissant 3.50 302 kcal	Pain au Chocolat 3.50 292 kcal
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Pain au Raisins

4.00 322 kcal

Raspberry Tarte

7.50 312 kcal

Strawberries & Quark

6.50 166kcal

ANTIOXIDANT BOOSTER

Ginger & lemon shot

3.00 35 kcal

Hot Drinks

Espresso/Double 29 / 58 kcal	3.00 / 3.25	Hot Chocolate 190 kcal	4.25
Macchiato/Double 53 / 94 kcal	3.00 / 3.50	Black Teas	3.95
Americano 27 kcal	3.50	Earl Grey, English Breakfast	
Filter coffee 27 kcal	3.50	Green tea	3.95
Cappuccino 130 kcal	4.25	Other teas	3.95
Latte 130 kcal	4.25	Camomile, Fresh Mint, Peppermint	
Flat White 130 kcal	4.25		

Oat milk available on request

WHEN VISITING ANY OF OUR RESTAURANTS, IT IS YOUR RESPONSIBILITY TO LET US KNOW IF YOU HAVE ANY ALLERGIES, INTOLERANCES OR COELIAC DISEASE.

OUR ALLERGEN INFORMATION IDENTIFIES THE ALLERGENS PRESENT WITHIN OUR DISHES AS INTENTIONAL INGREDIENTS AND ALSO INDICATES WHERE DISHES 'MAY CONTAIN' AN ALLERGEN. WHERE A DISH 'MAY CONTAIN' AN ALLERGEN, THIS IS WHERE IT IS NOT INTENTIONALLY PRESENT, BUT WHERE THE MANUFACTURER OF AN INGREDIENT BELIEVES THAT CROSS-CONTAMINATION MAY STILL BE A RISK AND HAS DECLARED THIS.

PLEASE BE ADVISED THAT ALL OUR FOOD IS PREPARED IN KITCHENS WHERE ALLERGENS ARE PRESENT. WHILST WE TAKE EVERY REASONABLE PRECAUTION WHEN PREPARING YOUR FOOD, WE CANNOT GUARANTEE ANY ALLERGEN-FREE DISHES.

OUR VEGAN DISHES ARE MADE TO VEGAN RECIPES BUT MAY NOT BE SUITABLE FOR GUESTS WITH MILK OR EGG ALLERGIES.