

BREAKFAST MENU

Available from 10am to 11.30am

HEALTHY CORNER

Berry & coconut chia parfait £4,50 (VG) 203 kcal
berry chia pudding, coconut chia pudding,
coconut almond crunch

Spiced banana bread £4,50 (VG) 313 kcal
chocolate topping

Fresh fruit salad £5,50 (VG) 97 kcal

SMOOTHIES £5,00

The Antioxidant 95 kcal
Spinach, kiwi, grapes, apple juice

The Betakerotene 58 kcal
Fresh orange juice, ginger, fresh carrot juice, mango purée

Beetberry 87 kcal
Beetroot, raspberry purée, ginger, cranberry juice

Two minutes breakfast 94 kcal
Banana, strawberry, vanilla honey, almond milk

Green Peace 120 kcal
Avocado, spinach, fresh mint, fresh apple juice

FRESH JUICES £3,50

Grapefruit 78 kcal / Orange 72 kcal / Carrot 48 kcal

Pineapple 82 kcal / Apple 74 kcal / Cranberry 90 kcal

VIENNOISERIE

Blueberry & caramelised white chocolate muffin £2,50 (V) 389 kcal

Croissant £2,50 (V) 280 kcal

Gianduja croissant £2,80 (V) 383 kcal

Toast & jam £4,50 (V) 401 kcal

BAVARIAN MORNING £12,50

Münchener Weißwurst 834 kcal
a pair of poached pork & veal sausage with parsley,
sweet mustard, Brezel

EGGS

All our egg dishes are made from Arlington white eggs

The GG Breakfast £12,80 1126 kcal
Two eggs (fried or scrambled), grilled Nürnberger sausages,
dry cured crispy bacon, tomato, potato Rösti

GG Benedict £8,50 660 kcal / £11,50 725 kcal
Black forest ham, poached egg, Hollandaise, potato Rösti

GG Arlington £8,50 557 kcal / £11,50 621 kcal
Smoked salmon, poached egg, Hollandaise potato Rösti

Avocado & poached egg £8,50 (V) 432 kcal
Coriander & lime, sunflower seed bread

Potato rösti & two fried eggs £5,50 (V) 461 kcal

Smoked salmon & scrambled eggs £12,00 353 kcal

COFFEES & CHOCOLATE

Espresso £2,20 / £2,75

Macchiato £2.25 62 kcal

Double macchiato £2.80 108 kcal

Cappuccino £3,00 157 kcal

Latte £3,20 157 kcal

Americano £2,90

Filter coffee £2,50

GG hot chocolate £3,75 220 kcal
with whipped cream

TEAS £3,20

English Breakfast

Earl Grey

Camomile

Fresh mint

Green tea

Peppermint

ADD EXTRAS

Black Forest ham £7,50 195 kcal

Smoked salmon £7,50 135 kcal

Sausages £3,00 273 kcal

Button mushrooms £3,00 (VG) 148 kcal

Avocado £2,50 (VG) 162 kcal

Bacon £2,50 149 kcal

Rösti £2,00 (VG) 287 kcal

Toast £2,00 (V) 133 kcal

Egg £1,50 (V) 64 kcal

Grilled tomato £1,50 (VG) 32 kcal

