

HEALTHY CORNER

Berry & coconut chia parfait £4,50 (GF/DF/VG)

*berry chia pudding, coconut chia pudding,
coconut almond crunch*

Banoffee chia parfait £4,50 (GF/DF/VG)

*coconut chia pudding, banana chia pudding,
coconut caramel, coconut almond crunch*

Granola topped with yoghurt £4,50

*oats, honey, chia, sunflower seed,
hazelnuts, coconut, apricot & raisins*

Banana & cream cheese cake £4,50

*brown butter cream cheese frosting,
salted caramelised hazelnuts*

Strawberry bircher muesli £5,50

Fresh fruit salad £5,50

ROYAL & BELLINI SUITE £8,50

Elderflower & Peach

elderflower liqueur and fresh peach purée layered, Prosecco

Raspberry & Lemon

raspberry purée & Limoncello layered, Prosecco

Strawberry & Goji Berry

strawberry & Goji berry liqueur blended together, Prosecco

Passion & Vanilla

passion fruit purée & vanilla liqueur layered, Prosecco

SMOOTHIES £5,00

The Antioxidant

spinach, kiwi, grapes, apple juice

The Betakerotene

fresh orange juice, ginger, fresh carrot juice, mango purée

Beetberry

beetroot, raspberry purée, ginger, cranberry juice

Two minutes breakfast

banana, strawberry, vanilla honey, almond milk

Green Peace

avocado, spinach, fresh mint, fresh apple juice

FRESHLY SQUEEZED JUICES £3,50

Grapefruit / Orange / Carrot / Pineapple / Apple

Cranberry / Tomato

COFFEE & CHOCOLATE

Espresso £2,00 / £2,50

Cappuccino £2,75

Latte £2,90

Americano £2,50

Filter coffee* £2,50

GG hot chocolate £3,75

with whipped cream

TEA £2,75

English Breakfast

Earl Grey

Camomile

Fresh mint

Green tea

Peppermint

VIENNOISERIE

Muffin £2,50

sea salt caramel crunch, crumble topping

Croissant £2,50

Gianduja croissant £2,80

Toast & jam £4,50

EGGS

All our egg dishes are made from Arlington white eggs

The GG Breakfast £12,80

*two eggs (fried or scrambled), grilled Nürnberger sausages,
dry cured crispy bacon, tomato, potato Rösti*

GG Benedict £8,50 / £11,50

black forest ham, poached egg, Hollandaise, potato Rösti

GG Arlington £8,50 / £11,50

smoked salmon, poached egg, Hollandaise potato Rösti

Avocado & poached egg £8,50

coriander & lime, sunflower seed bread

Potato Rösti & two fried eggs £5,50

Smoked salmon & scrambled eggs £12,00

ADD EXTRAS

Black Forest ham £7,50

Smoked salmon £7,50

Sausages £3,00

Button mushrooms £3,00

Avocado £2,50

Bacon £2,50

Rösti £2,00

Toast £2,00

Egg £1,50

Grilled tomato £1,50

GG SPECIALS

PUSZTA PAN £8,50

paprika, tomato, courgette, egg, goat cheese

BACON & EGG BREZSANT £8,50

*dry cured crispy bacon & fried egg, lye roll,
coleslaw, house sauce*

BLACK FOREST BAKE £10,50

*cheddar cheese potato mash, Sauerkraut,
Black Forest ham, egg*

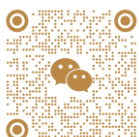
GERMAN POWER BREAKFAST £11,50

*Bavarian meat loaf, Rösti, Sauerkraut,
fried egg, cheddar cheese, soft roll*

BAVARIAN MORNING £12,50

*Münchener Weißwurst
a pair of poached pork & veal sausage with parsley,
sweet mustard, Brezel*

   @TheGermanGym



*Enjoy unlimited filter coffee refill with your breakfast - available Monday to Friday, from 8am until 11:30am.

For allergies and dietary requirements, please speak to your waiter before ordering. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs and unpasteurized cheese may increase your risk of foodborne illness, especially if you have certain medical conditions.

A discretionary 12.5% service charge will be added to your bill. All prices include VAT 微信扫码 · 享中文菜单 · 看美食图片