

## HEALTHY CORNER

Blueberry, blackcurrant & lemon chia parfait £4,50  
*blueberry & blackcurrant chia pudding, lemon chia pudding,  
blueberry compote, coconut almond crunch*

Exotic chia parfait £4,50  
*coconut, passionfruit & mango chia pudding,  
passionfruit, mango, banana, coconut almond crunch*

Granola topped with yoghurt £4,50  
*oats, honey, chia, sunflower seed,  
hazelnuts, coconut, apricot & raisins*

Carrot & chia cake £3,50  
*cream cheese frosting*

Swiss Bircher muesli £4,80

Fresh fruit salad £5,50

## ROYAL & BELLINI SUITE £8,50

Elderflower & Peach  
*elderflower liqueur and fresh peach purée layered, Prosecco*

Raspberry & Lemon  
*raspberry purée & Limoncello layered, Prosecco*

Strawberry & Goji Berry  
*strawberry & Goji berry liqueur blended together, Prosecco*

Passion & Vanilla  
*passion fruit purée & vanilla liqueur layered, Prosecco*

## SMOOTHIES £5,00

The Antioxidant  
*spinach, kiwi, grapes, apple juice*

The Betakerotene  
*fresh orange juice, ginger, fresh carrot juice, mango purée*

Beetberry  
*beetroot, raspberry purée, ginger, cranberry juice*

Two minutes breakfast  
*banana, strawberry, vanilla honey, almond milk*

Green Peace  
*avocado, spinach, fresh mint, fresh apple juice*

## FRESHLY SQUEEZED JUICES £3,50

Grapefruit / Orange / Carrot / Pineapple / Apple

Cranberry / Tomato

## COFFEE & CHOCOLATE

Espresso £2,00 / £2,50

Cappuccino £2,75

Latte £2,90

Americano £2,50

Filter coffee\* £2,50

GG hot chocolate £3,75  
*with whipped cream*

## TEA £2,75

English Breakfast

Earl Grey

Camomile

Fresh mint

Green tea

Peppermint

## VIENNOISERIE

Muffin £2,50  
*crunchy sea salt caramel & almond*

Croissant £2,50

Gianduja croissant £2,80

Toast & jam £4,50

## EGGS

*All our egg dishes are made from Arlington white eggs*

The GG Breakfast £12,80  
*two eggs (fried or scrambled), grilled Nürnberger sausages,  
dry cured crispy bacon, tomato, potato Rösti*

GG Benedict £8,50 / £11,50  
*black forest ham, poached egg, Hollandaise, potato Rösti*

GG Arlington £8,50 / £11,50  
*smoked salmon, poached egg, Hollandaise potato Rösti*

Avocado & poached egg £8,50  
*coriander & lime, sunflower seed bread*

Potato Rösti & two fried eggs £5,50

Smoked salmon & scrambled eggs £12,00

## ADD EXTRAS

Black Forest ham £7,50

Smoked salmon £7,50

Sausages £3,00

Button mushrooms £3,00

Avocado £2,50

Bacon £2,50

Rösti £2,00

Toast £2,00

Egg £1,50

Grilled tomato £1,50

## GG SPECIALS

### PUSZTA PAN £8,50

*paprika, tomato, courgette, egg, goat cheese*

### BACON & EGG BREZSANT £8,50

*dry cured crispy bacon & fried egg, lye roll*

### BLACK FOREST BAKE £10,50

*cheddar cheese potato mash, Sauerkraut,  
Black Forest ham, egg*

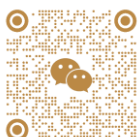
### GERMAN POWER BREAKFAST £11,50

*Bavarian meat loaf, Rösti, Sauerkraut,  
fried egg, cheddar cheese, soft roll*

### BAVARIAN MORNING £11,80

*Münchener Weißwurst  
a pair of poached pork & veal sausage with parsley,  
sweet mustard, Brezel*

   @TheGermanGym



**\*Enjoy unlimited filter coffee refill with your breakfast - available Monday to Friday, from 8am until 11:30am.**

For allergies and dietary requirements, please speak to your waiter before ordering. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs and unpasteurized cheese may increase your risk of foodborne illness, especially if you have certain medical conditions.

A discretionary 12.5% service charge will be added to your bill. All prices include VAT 微信扫码 · 享中文菜单 · 看美食图片